Letters to Editor

Renal cortical necrosis in a renal transplant recipient

Sir,

Renal cortical necrosis (RCN) is a rare cause of acute renal failure. We report the case of a 49-year-old male, who developed RCN 4 years after transplant.

The patient, who had type 2 diabetes and hypertension with chronic kidney disease, received a renal transplant from his wife. He was started on triple immunosuppression with cyclosporine, mycophenolate mofetil and steroids. Due to evidence suggestive of early cyclosporine toxicity on renal biopsy in initial post-transplant period, cyclosporine was replaced with everolimus. Patient was on regular follow-up with normal serum creatinine levels. Four years later, he presented with intermittent fever for 2 days and sudden onset breathlessness for 1 day which was associated with fatigue, nausea, vomiting, diffuse abdominal pain and lower limb swelling. He took acetaminophen for fever prior to presentation. On examination, he was drowsy but oriented to time, place, person with pulse rate of 86/min, blood pressure of 170/90 mmHg, respiratory rate of 26/min, and temperature of 99.4°F. He had bilateral pedal edema and moderate pallor, auscultation revealed bilateral crackles. He was stabilized in medical intensive care unit.

There was progressive deterioration in his renal function and he developed anuria. Serum creatinine level increased from 1.40 mg/dl on day 1 to 8.57 mg/dl on day 7. He was taken up for emergency hemodialysis through internal jugular venous (IJV) catheter. The measured drug levels of everolimus were within therapeutic limits and he was on adequate dose of mycophenolate mofetil and steroids. Renal biopsy [Figure 1] was suggestive of diffuse RCN. Sections showed multiple cores of renal tissue with extensive areas characterized by preservation of outlines of necrotic glomeruli and tubules with no zone of hyperemia. There was no evidence of thrombotic microangiopathy (TMA). C4d staining of the specimen was negative.^[1,2] Test for donor specific antibodies was also negative.

This case did not exhibit any evidence of the traditional etiologies of RCN. Patient was on immunosuppression with everolimus following transplant. Everolimus is known to inhibit glomerular endothelial cell (GEN) proliferation and vascular endothelial growth factor.^[3,4] This everolimus-induced anti-proliferative effect was also confirmed in GEN *in vitro*, showing that everolimus blocks proliferation of GEN incompletely to values found in non-stimulated cells. It has been demonstrated that everolimus has the potential to exacerbate the acute phase of glomerular endothelial injury in experimental rats, which is likely to occur in humans as well. Although this experimental model is characterized by a single-timed endothelial injury, endothelial injury during

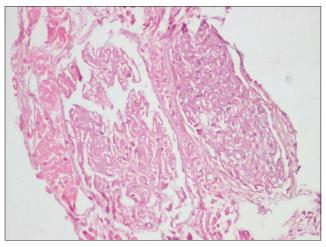


Figure 1: Two completely necrotic glomeruli with adjacent necrotic tubules. (H and E, $\times 200)$

human disease is usually ongoing for a longer period of time.^[3] The delay of the endothelial repair and transient glomerular hypocellularity during TMA is shown to be associated with increased glomerular fibrin indicating short-term disease aggravation.^[3] Existing literature suggests that treatment with mammalian target of rapamycin inhibitors requires caution during active microangiopathy or acute humoral rejection, though it appears to be relatively safe once acute injury has subsided.^[3,5] Hence, it is possible that everolimus could have aggravated some underlying acute injury in this post-transplant, acute febrile scenario leading to diffuse RCN in this patient.

The point of interest is the potential role of everolimus in exacerbation of acute renal injury which needs to be evaluated further to have more definitive evidence and guidelines regarding this effect.

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